



**THE SPIRITUAL LIFE**  
by Dr. Arnold Fruchtenbaum

**I. DEFINITION OF THE SPIRITUAL LIFE**

- A. The Three Factors
- B. The Key Concept
- C. Definitions
- D. Ramifications
- E. The Characteristics of Spirituality
- F. I Corinthians 2:9 - 3:4
- G. Hebrews 5:11-14

**II. THE BELIEVER'S RULE OF LIFE**

- A. The Old Testament
  - 1. The Pre-Mosaic Period
  - 2. The Mosaic Period
- B. The Kingdom
- C. The Church Saint

### III. THE HOLY SPIRIT AND THE SPIRITUAL LIFE

#### A. Regeneration

#### B. Indwelling

1. The Believer
2. The Local Church
3. The Universal Church

#### C. Spirit Baptism

1. Introduction
2. Spirit Baptism and Unity
3. Spirit Baptism and Sanctification
4. Spirit Baptism and Spiritual Blessings

#### D. Filling

1. Definition
  - a. The Words Used
    - (1) *Pimpleimi*
    - (2) *Pleiroo*
    - (3) *Pleireis*
  - b. *Pimpleimi*
  - c. *Pleiroo*
  - d. The Two Concepts
  - e. The Grammar
  - f. The Contrast
  - g. Conclusion

2. The Method of Filling
3. The Command
4. Filling and Fellowship
5. Filling and Walking
6. Results
7. Filling and Spirit Baptism

#### E. Illumination

1. Definition
2. Necessity
3. I Corinthians 2:6-16
4. John 16:12-15

#### F. The Sins Against the Holy Spirit

1. By Unbelievers
2. By Believers

### IV. UNION WITH CHRIST

#### A. Meaning

#### B. The Means

#### C. The Position

#### D. The Practice

#### E. The Balance

## V. THE WORD OF GOD AND THE SPIRITUAL LIFE

A. The Symbols of the Word of God

B. The Word of the Word of God

C. The Believer's Responsibility

## VI. FELLOWSHIP AND THE SPIRITUAL LIFE

A. The Problem of Sin

B. I John 1:1 - 2:2

1. Introduction - 1:1-2
2. The Pleasures of Fellowship - 1:3-4
3. The Pattern of Fellowship - 1:5-7
4. The Provision of Fellowship - 1:8 - 2:2

C. John 13:1-11

1. The Setting - 13:1-3
2. The Cleansing - 13:4-9
3. The Explanation - 13:10-11

D. I Corinthians 11:17-34

1. The Rebuke - 11:17-22
2. The Reminder - 11:23-26
3. The Appeal - 11:27-34

E. Conclusion

1. The Meaning of *Koinonia*
2. The Meaning of Fellowship and the Spiritual Life

## VII. DEDICATION

- A. Basis
- B. Components
- C. Meaning
- D. Areas
- E. Frequency
- F. Results

## VIII. DISCIPLESHIP

- A. Meaning
- B. The Call to Discipleship
- C. Becoming a Disciple
- D. Obedience and Discipleship
- E. The Word and Discipleship
- F. The Mark of Discipleship
- G. Authority and Discipleship
- H. Sacrifice and Discipleship
- I. The Ministry of a Disciple
- J. The World and Discipleship
- K. Discipleship and Accountability

## IX. ETHICS AND THE SPIRITUAL LIFE

- A. Total Depravity and the Righteousness of God

1. Total Depravity
2. The Righteousness of God

## B. Freedom from the Law

1. Romans 7:1 - 8:4
  - a. The Law and the Believer - 7:1-6
  - b. The Law and Sin - 7:7-12
  - c. Deliverance and the Law - 7:13-25
  - d. Deliverance and the Holy Spirit - 8:1-4
2. Antinomianism
3. The Law of Moses and the Law of Christ
4. Legalism
  - a. Romans 14:1-13a
  - b. Romans 14:13b-21
  - c. Romans 14:22 - 15:3
  - d. Romans 15:17
  - e. I Corinthians 8:1-13
  - f. The Believer's Goal
  - g. Dangers to Avoid
  - h. The Problems of Legalism
  - i. Biblical Passages Related to the Problem of Legalism
    - (1) Romans 14:1-8
    - (2) Romans 14:14-23
    - (3) I Corinthians 8:4-13

(4) I Corinthians 10:23 - 11:1

(5) Colossians 2:16-23

(6) Summary

j. Conclusion

### C. The New Testament Ethic

### D. Doubtful Things

### E. Debt

1. Key Passage
2. Definition
3. Biblical Principles

## X. PRINCIPLES OF DIVINE GUIDANCE

### A. Basic Principles

### B. The Traditional View

1. The Three Wills
2. The "Perfect" Plan
3. How to Discover?
4. How to be Sure?
5. Biblical Examples
6. Scriptures Used
7. Use of Biblical Examples
8. Problems with the Traditional View
9. The Leading of the Holy Spirit

10. The Peace of Christ
11. Summary of the Traditional View
12. Summary of Critique

### C. The Biblical Principles

1. The Commands of Scripture
2. Non-Moral Decisions
3. The Goal of the Believer - Wisdom
4. The Sovereignty of God
5. Example - Romans 1:8-13
6. Summary
7. Application

## XI. THE SPIRITUAL WARFARE

### A. The Three Fronts - I John 2:15-17

1. The Flesh
  - a. Usages of the Word
  - b. Names
  - c. The Nature of the Flesh
  - d. The New Nature
  - e. The Flesh and Spiritual Rebirth
    - (1) Before Spiritual Rebirth
    - (2) During Spiritual Rebirth
    - (3) After Spiritual Rebirth



- f. The Conflict of the Two Natures
  - g. Romans 8:1-13
  - h. Galatians 5:19-23
  - i. The Distinction
- 2. Satan and the World of Demons
    - a. Temptation
    - b. Satanic or Demonic Control
    - c. The Counterfeit Program
  - 3. The World
    - a. Meaning
    - b. The Believer's Position in Relationship to the World
    - c. The Believer's Obligation in the World
    - d. The Issue of the Mind

## B. The Judgments at the Cross

- 1. The Flesh
- 2. Satan
- 3. The World

## C. Walking According to the New Spirit

## D. The Old and the New

- 1. The Mind
- 2. The Heart
- 3. The Will

## XII. PRAYER AND THE SPIRITUAL LIFE

### A. Definition

#### 1. The Words Used

##### a. Hebrew Words

- (1) *Tphilah - Hitpaleil*
- (2) *Techinah - Hitchanein*
- (3) *Chalah*

##### b. Greek Words

- (1) *Eschomai - Proseochomai - Proseuchei*
- (2) *Deomai - Deeisis*
- (3) *Aiteo - Aiteima*
- (4) *Erotao - Eroteisis*
- (5) *Eutugchano - Uperentugcheo*
- (6) *Parakaleo - Parakaleisis*
- (7) *Iketeiria*

#### 2. Definition

#### 3. Presuppositions of Prayer

#### 4. The Nature of Prayer

#### 5. The Object of Faith

### B. Prayer in Old Testament History

#### 1. The Examples

#### 2. Observations and Conclusions

## C. Prayer in New Testament History

1. The Prayers of Jesus
  - a. The Examples
  - b. Observations and Conclusions
2. Other Prayers in the Gospels
  - a. The Examples
  - b. Observations and Conclusions
3. Prayer in the Book of Acts
  - a. The Examples
  - b. Observations and Conclusions
4. Prayer in the Epistles
  - a. The Examples
  - b. Observations and Conclusions

## D. The Symbol of Prayer: Incense

## E. Reasons and Purposes for Prayer

## F. Admonitions to Pray

## G. The Promises of Prayer

## H. The Subjective Conditions

1. Introduction
2. Personal Prerequisites
3. Confession of Sin
4. Watchfulness
5. Faith

6. The Will of God
  - a. The Principles
  - b. The Scriptures
- I. The Objective Conditions
  1. The Principle
  2. The Role of the Father
  3. The Role of the Son
  4. The Role of the Holy Spirit
- J. The Outline of Prayer
  1. Scripture
  2. The Principle
  3. The Petitions
  4. The Outline
- K. The Types of Prayer
  1. Private Prayer
  2. Public Prayer
- L. The Places of Prayer
- M. The Times of Prayer
- N. The Posture of Prayer
- O. The Components of Prayer
- P. The Subjects, Objects and Content of Prayer
- Q. The Rules of Prayer

## R. The Problems of Prayer

1. Wrong Prayer
2. The Providence of God
3. The Greatness of God
4. The Omniscience of God
5. The Sovereignty of God
6. Natural Law
7. Hindrances to Prayer
8. Misapplication of Scripture
9. Unanswered Prayer
  - a. Examples
  - b. Reasons
  - c. Causes
  - d. Questions to Ask
  - e. Prayer Petitions and Types of Answers
  - f. Conditions for Successful Praying
  - g. Praying for the Sick

## S. The Power and Results of Prayer

## T. Eschatological Prayer

### XIII. FALSE VIEWS ON THE SPIRITUAL LIFE

A. False Means of Attaining the Spiritual Life

B. False Concepts

C. The Correct Concept